

Coaching Agreement

Discover a new YOU through travel, movement, music, drumming and heart to heart communication that offers self-discovery and connection to your most passionate self. Break out and play - find your rhythm in life – feel your own vibration – be in the moment – live fully and with passion. Come away infused with energy, motivation and confidence to design and pursue your most radiant life.

TERMS OF AGREEMENT:

This agreement, between Dieter Zwicky and
will begin on..... and will end on.....

The total fee for the entire period of this agreement is CHF.....
Half of the total fee due is payable in advance.

You have chosen the following:

- ☐ Individual Coaching per hour (total hours =)
- ☐ Soul - Package
- ☐ Tap into your energy - Package
- ☐ Taste for Life - Package
- ☐ Designing and planning that special package that's just right for you (total hours =)
- ☐ Pre-travel coaching (total hours =)
- ☐ Free e-mail and brief telephone support between coaching planning sessions as needed
- ☐ Keep your dream alive - follow-up coaching sessions (total hours =)
- ☐ Additional Agreements:
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If “keep your dream alive “ coaching sessions have been chosen, our agreement will convert to a month-to-month basis format. The client and Dieter Zwicky agree to provide each other with a 30-day notice in the event of desired cancellation or taking a break by either party after completion of the agreed upon follow-up coaching sessions.

SERVICES:

The model of coaching we offer is co-active coaching which is founded on interactive participation and collaboration. We will initially design our coaching alliance during the planning session and build upon it throughout our working relationship. The coaching may address overall goals, specific projects or general conditions in your life or profession. Coaching is neither counselling, consulting nor therapy.

In the outdoors you'll experience a relaxed and fun atmosphere. We provide for you a safe environment and time to focus on your key issues. We use a playful approach to have you get in touch again with your inner child in pursuit of a fuller, more joyous and meaningful life.

Throughout our coaching relationship we will engage in very direct and personal conversations. The purpose of our interaction will first be to focus on your intentions, desires and goals and then to

realize them. In order for our coaching relationship to be most beneficial for you, the following **requests** are made of you:

1. You come with a strong commitment to coaching and your life.
2. You come to each appointment on time.
3. You keep your scheduled time except for unexpected events or emergencies (given my schedule is very full and changes are hard to make during the same week)
4. If you must change your appointment, you provide at least 48 hours notice. (We do charge for cancellations with less than 48 hours notice, unless there is an emergency.)
5. You honour all financial and time agreements. This includes letting us know, if you need to make any changes in the agreements.
6. We ask that you commit to making the relationship powerful. If you see that the coaching is not working as you desire, please communicate and make requests for what you need.
7. You will be responsible for paying your own and your coaches travel arrangements and expenses during the project.
8. We ask you to get your own liability-, accident-, and travel insurance for the duration of the program.

OUR PROMISES TO YOU ARE:

1. All information will be kept strictly confidential.
2. We will be your advocate and partner in designing your life as YOU wish it to be.
3. We promise to provide you with quality coaching.
4. We promise to hold you creative, resourceful and whole.
5. You will feel supported and guided at all times.
6. You can count on us to be honest and straight-forward, asking you powerful questions, making requests and holding you accountable (with whatever structure we create together).

Your signature on this agreement indicates acceptance of the above requests and an understanding of the services provided to you.

Client:..... Place & Date:

Dieter Zwicky:..... Place & Date:



Please send the signed coaching agreement to:

Dieter Zwicky **"Dream...Plan...Live it!"** Coaching - Seestrasse 40 - 8802 Kilchberg / Zurich Switzerland